C. J. Andersen: 24 Studies, Op. 21, #10
Goals: quarter note=60, with rubato. Beautiful, centered, resonant sound with much inflection and lyricism. Aim to play it in a poignant and poetic way. Follow the clues to interpretation: Andante cantabile (Romanza); C# minor tonality; many non-chord tones (use them to heighten the tension-resolution within a phrase); dolce and lamentabile indications point to subtle shadings of color and vibrato.
Outstanding skills used: Actively engaged breath support through the entire path of each phrase, supple embouchure, open/relaxed breaths, dynamic and pitch control
Practice suggestions: Decide how the musical sentence is punctuated to determine phrasing and line. For inspiration, try singing this piece. Always emulate a vocal style (cantabile.)

Jacques Ibert: Concerto for Flute, Mvt. I (excerpt)
Goals: quarter note=120. Vibrant sound with brilliant articulation, ultra efficient technique, and impeccable rhythm/pulse.
Outstanding skills used: Actively engaged breath support (esp. important to keep the propulsion behind the articulation), balanced/relaxed body, efficient technique via curved, close, legato fingers
Practice suggestions: Use of a metronome is an absolute during preparation time. Use an eighth note pulse (240) as the common denominator for incorporating the 3/8 measures. Always begin each practice session with your “total control” tempo and keep the metronome at the same speed until you can play the passage with a relaxed body and fluid technique three times in a row. Invest the time to kinesthetically learn “the dance.” Keep your focus on the process of practice, as well as the product. What are you reinforcing - ease and musicality OR tension and a 2-dimensional string of notes and rhythm? Take care that you have the correct trill fingerings!

J.S. Bach: Courante (excerpt), originally from Cello Suite #6, BWV 1012
Goals: quarter note=108 Lively, energetic dance music!
Outstanding skills used: Actively engaged breath support, lively and resonant articulation, smooth/even slurred passagework, ever-present sense of line/direction
Practice Suggestions: Identify where these long phrases float and where they surge forward, then manage your fuel with that in mind. For inspiration, listen to a recording of a cellist play this movement!

Percy Grainger: Lincolnshire Posy, Mvt. IV. Brisk Young Sailor (excerpt, please print out with the imslp link) https://ks.imslp.net/files/imglnks/usimg/0/03/IMSLP338388-PMLP310471-LincolnshireFlute12.pdf
You will be asked to play measure 9 to measure 26.
Goals: quarter note=92 Play this top-10 wind band flute part with lots of precision and personality!
Go for articulation energy, nice tidy phrasing, and technical passagework that’s smooth as silk.
Outstanding skills used: Actively engaged breath support (yes, there is a trend here!), flexible embouchure, efficient hand position/curved and close fingers with a light touch
Practice suggestions: Take apart each line and work out with the metronome for fluency and evenness. Remember, Thumb Bb is your most “road-worthy” fingering in this passagework. Channel your inner Porsche…