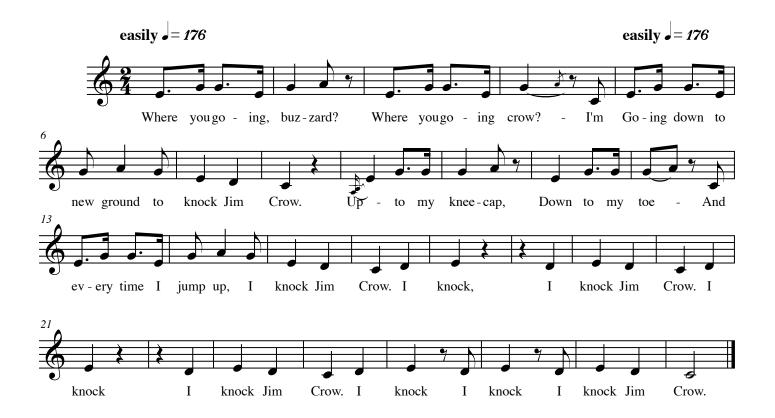
Knock Jim Crow



Form: Group of players can stand in line or ring. There may be a leader or players can all sing together.

First action is a "step, clap" throughout, with step on first beat and clap on 2nd beat.

Where you going buzzard - action: step on right foot, raise left leg w/knee straight and clap hands together around leg.

Where you going crow - action: same as above.

I'm going down to new ground - action: same as above.

To knock Jim Crow - action: same as above.

Up to my kneecap - action: on "to" raise right knee (bent) and slap it w/right hand. On "cap" raise left knee, and slap with right hand.

Down to my toe - action: on "to" point down to ground with right index finger. On "toe" point down with left index finger.

And every time I jump up - action: resume raising alternate legs and clapping around them as in first step.

I know, etc. - action: increase speed of movements, continuing to lift legs and clap while turning round in place until exhaustion sets in.

It is important to step on the down beats, so that the claps can come on the offbeat.